


What exactly is the "Peek of the Week?"

Each week, you will have access to the "Peek of the Week" that will lay out a general framework for your child's week in the Rainbow Room. The peek generally runs for two weeks and will have a different theme each week and will lay out different activities we are doing, books we are reading, and skills we are working on. Below is an outline of the peek of the week. I have put a brief explanation of what each section means and what you can expect. Keep in mind, this is only an overview of what our week in the Rainbow Room will look like. It is important to us that we build off the childrens' interests and strengths. This means we might carry on an art activity for more than one day if the children decide they want to add more to the project. Or sometimes, the class may favor one activity more than another so we would spend more time on the favored activity. Remember, we are a team so if you have any questions, comments, concerns, or even suggestions about the peek, please do not hesitate to reach out!

A Peek at the Rainbow Room's Week 	
Theme: What we will be learning about during this time	Weeks of: Dates that we will focus on it
<p>Circle & Carpet Activities: Circle and carpet activities may include:</p> <ul style="list-style-type: none"> • Songs • Dances • Movement activities like yoga • Felt board stories • Books on tape/video • Nursery rhymes/chants 	<p>Books: These are books that will be read aloud to the class. Keep in mind, we will also have a cozy library full of books both on topic of the theme and otherwise, that the children are welcome to look at or read one-on-one with a teacher during free time.</p>
<p>Art Activities: Art projects typically reflect the theme, season, or special occasion. Art activities range from painting, drawing, cutting, gluing, beading, and beyond. The art activities will directly correlate to and help strengthen fine motor skills.</p>	<p>Table Activities: Table activities may consist of games, experiments, cooking or baking, coloring and drawing on white boards or chalk boards, tracing, ect. This time is to strengthen fine motor skills, cognitive skills, and help prepare students for kindergarten when they will have to spend longer time spans focused at their desks.</p>
<p>Literacy Activities: Literacy activities may include things like letter bingo, word games, letter matching, tracing games. These activities will directly correlate to and help strengthen cognitive skills and fine and gross motor skills.</p>	<p>Math & Science Activities: Math activities may include things like counting games, number bingo, science experiments, and more. These activities will directly correlate to and help strengthen cognitive skills and fine and gross motor skills.</p>
<p>Social/Emotional Skills: Social/Emotional learning is the process of developing self awareness, self-control, and interpersonal skills. This includes learning about respect, empathy, collaboration, social engagement, and decision making.</p>	<p>Cognitive Skills: Cognitive development refers to reasoning, thinking, and understanding. These skills will build on the childrens' ability to question, problem solve, imagine, memorize, and classify. Cognitive skills may include basic understanding of letters, numbers, shapes, colors, etc.</p>
<p>Fine Motor Skills: Fine motor skills refer to those which require hand-to-eye coordination and involve the use of smaller hand muscles. They may include:</p> <ul style="list-style-type: none"> • Cutting • Using tongs, pinchers, or tweezers • Building with LEGO • Drawing or writing (especially with colored pencils and crayons • Building with LEGO • Beading • Molding Play Dough or clay 	<p>Gross Motor Skills: Gross motor skills are defined as skills that require whole body movement and that use large muscles to perform. They may include:</p> <ul style="list-style-type: none"> • Running • Jumping/Hopping • Skipping • Climbing • Balancing on a beam • Throwing/catching a large ball • Riding a push bike • Yoga
<p>Things to Know: This section will include important messages for the coming weeks, so keep an eye out!</p>	