

Theme: All About Me

Books:

- What I Like About Me by, Allia Zobel-Nolan
- I Like Myself by, Karen Beaumont
- It's Okay to be Different by, Todd Parr
- The Feelings Book by, Todd Parr



Circle Activities:

- New Hello Song- "Hello _____, how are you? Who is sitting next to you?"
- I Looked into the Mirror Song with mirror
- Sharing and singing about our favorite foods, colors, etc.
- Guess Who? Give clues for children to guess classmates
- Stand Up Game; stand up for different cues about ourselves (stand up if you have a brother, stand up if you have a pet, etc.)
- If Your Happy and You Know It
- Head, Shoulders, Knees, and Toes
- The Hokey Pokey
- "Your Face" Song by Bob McGrath

Table Activities:

- Writing names on dry erase boards
- Tracing our hands
- Magnetic boards with alphabet
- Alphabet snap together blocks
- Opposites matching cards
- Teddy bear counters with pattern cards
- Play dough

Gym:

- Road puzzle mats
- Climber
- Trikes and Cozy Coupe Car
- Dress up, strollers, kitchen
- Tool Bench
- Train Table
- Wood block set

Art Activities:

- Self portraits
- Collaging favorite foods with magazine pictures
- Finger painting with a friend

Math & Science:

- Looking at how tall we are, measuring with string
- Charting different things about ourselves
- Learning body parts, identifying our own features (I have brown hair, eyes...)

Skills We Are Working On:

Social/Emotional:

- Building self-confidence
- Sharing at circle
- Verbalizing frustrations & needs
- Taking turns, sharing
- Learning classroom routines
- Helping at clean up time

Self-help:

- Passing water pitchers/snack trays, asking friends to pass what we need

Cognitive:

- Sharing at circle time; how we are feeling, our favorite things
- Staying focused at table activities, sustaining attention span
- Following multi step directions
- Predicting, Observing, Problem solving skills
- Measuring how tall we are, comparing and contrasting
- Identifying body parts
- Encouraging positive self-identity, learning diversity
- Introduction to Life Cycles; caterpillar to butterfly
- Counting 1-10
- Color recognition
- Shape recognition

Fine Motor:

- Strengthening hand muscles (pincer grasp) -see table activities

Learning proper scissor/writing grasp

- Cutting on a line

Gross Motor:

- Using our arm and leg muscles
- Different body action movements during movement songs
- Using big body movements during parachute play, climber

Notes for Parents:

Our butterflies hatched out of their chrysalis last week! We had five painted lady butterflies arrive, and the children enjoyed looking at them flap their wings and fly around their house. No praying mantis activity yet!

School will be closed Friday May 26, and Monday May 29 in observance of Memorial Day.

Our class email is live! If you have a quick message for us, feel free to email us at Older2s@mcnschool.org

