

Summer Camp FAQ's

ARRIVAL AND DISMISSAL

Q: What time is drop off and pick up?

- Drop off is from 9:00-9:15
- Pick up is 11:45–12:00 noon & 2:25-2:30

Q: What is the drop off and pick up procedures?

There is a drop off and pick up line. You may also park on the street and walk your child to the front door. Regular drop off will begin on the first day of summer program. Please do not line up for pick-up before 11:45 or 2:25, as this blocks the driveway. A friendly reminder that there is **NO PARKING** in the lot at 501 Tompkins Avenue; please obey all parking regulations.

DROP OFF PROCEDURE:

- **Drop off** for the daily sessions will be from 9:00-9:15 a.m. at the school's front door. At 9:15AM the door will be locked and remain locked for the remainder of the day.
- Enter the parking lot by making a **RIGHT** turn from the **Boston Post Road** into the church lot. **Do not** make a left into the parking lot and **do not use the Tompkins Avenue entrance** to the parking lot.
- Please have the car seat in the space behind the driver. This is for safety reasons, it creates a danger to have parents or children walking between cars. If your child must be on the right side of your car consider parking and walking him to the door.
- Remain in your car and our staff will assist your child in getting out of the car.
- If you prefer to walk your child into our summer program, park on the street and enter through the breezeway door. If your camper is in the Bumblebees, Butterflies or Ladybugs you may walk them through the playground to their classroom door.
- There is NO parent parking allowed in the Church parking lot.
- If you arrive late, please get out of your car and buzz the office, someone will come to the door and take your child to their classroom.

PICK UP PROCEDURE:

Pick up will use the same procedure as drop off. Please do not arrive earlier than 11:45AM and no later than 12:00 noon; children will be placed in cars first to prevent traffic congestion on Boston Post Road.

• Late Pick Up: If you cannot avoid being late, please CALL IN ADVANCE so that we can let your child know that you had a slight delay and will be coming to school as soon as possible.

SNACK AND LUNCH

Q: What does MCNS serve for snack at camp? Do I need to send a water bottle?

All children should bring a refillable/reusable water bottle each day. The program will provide the snack for the children in attendance. Please make sure to notify the staff about specific allergies or food intolerances your child may have. We do have children with life threatening nut allergies. No peanut butter or nuts of any kind will be allowed in the summer program. While taking into consideration children or staff with severe food allergies we serve whole grain and low sodium breads and/or crackers. All carbs must be clearly labeled "Nut Free" on the packaging.

Below is a list made in accordance with the American Academy of Pediatrics recommendations as well as our school policy of foods that we serve which encourage good nutrition and prevent choking:

Some Snacks we serve:

- Fresh fruit: apples, bananas, ripe pears, tangerines, kiwi, melon, oranges, peaches, pineapple and grapes (grapes must be cut in half lengthwise to prevent choking).
- Raw Vegetables: green or red peppers, cucumbers, or cherry tomatoes. Cherry tomatoes must be sliced in quarters.
- Cheese: spreads and slices(string cheese must be cut in half lengthwise to prevent choking)
- Yogurt

Q: If my child stays all day, what do they need to bring for lunch time?

For children attending our full day camp a sack lunch must be provided. Please make sure your child's lunch consists of good wholesome, nutritious food. Please limit desserts & junk food; fruits, Jell-O cups, yogurts, etc. are good alternatives for a lunch 'treat'. Children will be using their reusable water bottles so please do not send in juice or milk.

Recommended Foods: The following are suggested but by no means exclusive

- Fresh fruit: apples, bananas, ripe pears, tangerines, kiwi, melon, oranges, peaches, pineapple and grapes. Grapes must be sliced lengthwise to prevent choking.
- Raw Vegetables: green or red peppers, cucumbers, or cherry tomatoes. Cherry tomatoes must be sliced in quarters.
- Ranch dressing, hummus, cottage cheese, for dipping.
- Cheese: spreads and slices; string cheese must be cut or stripped in half lengthwise
- Sandwiches-No nut butters; if you are using a nut butter alternative like sun butter please denote this in your child's lunch.

Non-acceptable Foods:

- No nuts or nut butters
- No candy
- No shellfish
 - this is an item many children haven't been exposed to so many parents aren't aware if an allergy exists
- No popcorn
- No raisins
- No cherries
- No WHOLE raw carrots (please make sure any are 'julienned' to prevent choking)

If your child does bring an item that poses a choking or allergy danger, the staff will remove the item and replace it with food from the list above. Please contact the camp office with any questions.

EXTRA CLOTHES/WATER PLAY CLOTHESS

Q: Does my child need to bring an extra set of clothes?

Yes. Please include a complete change of clothing including underwear and socks. Place clothing in a zip lock bag and bring on the first day of his summer program. Your child's name needs to be on the bag and <u>all</u> articles of clothing. For safety reasons, we ask that all **children wear** <u>rubber-soled and closed-toed</u> shoes or sneakers that fit properly (*no flip-flops, open-toed, strapless sandals, or CROCS*). Your child must have closed-toe-shoes for riding bikes and climbing.

Q: What should my child bring for water play?

To enjoy all our water fun, your child will need to bring a towel, bathing suit, and appropriate water shoes each day in a tote bag clearly marked with his name. Please provide water shoes; these can be an old pair of sneakers, 'jellies', nylon water shoes, or Teva-type sandals (no CROCS). Summer campers may wear their bathing suits under their clothes if they wish.

ILLNESS AND INJURY AT CAMP

Q: What happens if my child becomes ill during the camp day?

In the event that a child becomes ill at school, every effort will be made to reach the parents, or the person named on the emergency form. We expect that you will come as quickly as possible to take your child home.

Q: What happens if my child gets injured at camp?

In spite of care and supervision, children sometimes suffer injuries in the school or on the school grounds. Minor cuts and scrapes are treated with first aid in the office. You will be notified as soon as possible of any injury received at school. More serious injuries needing medical attention cannot be fully cared for at school. You will be notified immediately if your child has such an injury, but in case you are not home we will use the names you designate on your **Emergency Form** so that proper medical help can be expedited.

In a serious emergency, the director and/or the child's teacher take the injured student via ambulance to the emergency room at Sound Shore Hospital (New Rochelle). Simultaneously, the parent is notified that his child is being taken to the emergency room at the hospital and told to meet there. The family physician is also notified, if possible, that his patient is enroute to the hospital emergency room. If the family physician and the parents cannot be reached, the decision about what to do next will be determined by the physician who treats the child in the emergency room.